

STL JA Wellness Center Youth Nutritionist

You are responsible for administering a short nutrition survey, conduct in-service training on healthy eating habits and motivating clients to make healthy life style choices.

DURING BUSINESS START-UP, COMPLETE THE FOLLOWING.

1. Remain in your business until the Opening Town Meeting to help with business start-up. Your business needs everyone's help before it opens.
2. Attend the meeting with the adult volunteer and other employees of the **STL JA Wellness Center** as you learn how to operate the scale equipment and fulfill your responsibilities.
3. Review Nutrition Survey questions in your manual and a JA Staff member will bring you a tablet after the Town Hall Meeting.

DURING THE FIRST WORK/BREAK ROTATION (AFTER THE NATIONAL ANTHEM) COMPLETE THE FOLLOWING.

1. Study and become familiar with the Nutrition Survey directions located in the back of the manual. Practice how you will explain to employees and citizens in JA BizTown.
2. Administer Nutrition Survey.
3. Return to STL JA Wellness Center when finished.
4. Conduct in-service training on healthy eating habits and lifestyle choices.
5. Assist any other Wellness Center employees during the day, filling in as needed while they are on break.
6. From your survey questions, please choose one to calculate and analyze the results.
7. Prepare your Closing Town Meeting Speech with your chosen Nutrition Survey question results.

End of Day

1. Assist with business clean up at the end of the day.
2. Recycle all used **paper** into the **blue** recycle bin.

Congratulations on a job well done!